

FEMININE INCONTINENCE, LEAKING BLADDER, PELVIC DYSFUNCTION, SPD, SYMPHYSIS PUBIS DYSFUNCTION

Do you leak when you cough, sneeze or laugh?

Do you end up with wet knickers when you do aerobics, running or weights?

Getting frustrated because you can't do the exercise you want to because of your bladder?

Do you feel too embarrassed to tell somebody about your secret problem?

Did you know that physiotherapy has shown to help in 70% of cases?

We can make the difference between wet and dry knickers!

So why don't you call today for your free information package on what physiotherapy can do for you!

**“Excellence for Women”
THE PHYSIO STUDIO LIMITED
01344 861891**

Remember your problem stays a secret with us too!

This information brought to you by the Physio Studio, Binfield Bracknell's premier physiotherapy practice.

www.physiostudio.com

<http://www.physiostudio.com/physiotherapy-tips-for-mums.html>